

Fall 2025 Parenting Classes, Events & Resources

Co-Parenting Classes

Parents Forever:

An educational program for parents that are separating, divorcing, or changing custody of their children.

In Person Options: September 11 **or** November 13 8:30am-12:30pm

Virtual Options:
October 14 & 16 **or** December 2 & 4
5:30-7:30 (must attend both sessions)

Register: https://go.wisc.edu/2fohbr

Resilient Co-Parenting:

A series of topic specific classes for parents or caregivers raising children together while living apart.

Dates & Topics:

September 4- Relationship Readiness

October 2- Money Talks: Less Stress, More Success

November 6- Finding Your Family's Rhythm

December 4- The Gift of Forgiveness

7:00-8:00 pm via zoom Register: <u>go.wisc.edu/21t6cz</u>



Triple P: Positive Parenting Program: Fear-Less

Does your child, age 6-14, have moderate to high levels of anxiety that causes significant distress or impact on their everyday functioning? This program aims to help parents develop a toolbox of strategies and choose the most effective way to respond to their child's anxiety.

Montello Schools Free Dinner & Childcare! Tuesdays Nov. 4, 11 & 18 5:30- 7:30pm https://go.wisc.edu/743790



For our family, this has been so helpful and for us it was life changing... - it's truly helped our daughter with her anxiety, confidence, and resilience.

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Parent Cafés

At a parent café you will be able to connect with other local parents, learn strategies to strengthen relationships with your children and receive concrete support for your family.

(Free Childcare & Dinner)

Montello Schools Sept. 22, Oct. 27 & Nov. 17 Time: Dinner: 5:30-6:00 pm, Café: 6:00-7:30 pm

Register: https://www.surveymonkey.com/r/8N85TZL
or (800)-628-8534

Triple P: Positive Parenting Program Online Classes

For Parents of Children 0-12

Tuesdays, Sept. 9-30 http://go.wisc.edu/rc3920

For Parents of Teenagers

Tuesdays, Nov. 18- Dec. 16 https://go.wisc.edu/0odi83





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Raising Wisconsin's Children Online Parenting Classes

Sept 18: Confident Kids: Building Young Children's Self Esteem

Oct 16: Helping Kids Manage Strong Feelings

Nov 20: Peace at home: Supporting Positive Sibling Relationships

December 18: Screen Smarts: Using Family Values to Guide Media Use

Classes are at 1:00 pm Register for classes: go.wisc.edu/parentingclasses



Focus on Fathers

A series of online classes designed for dads. Develop parenting skills for happy, healthy families. Connect with other fathers!

6:00-7:00 pm on Zoom-Attend one or all! 2nd Tuesday of each month

Register: https://go.wisc.edu/3z9kwx

Parent Connection Hour



Held at the Montello Library. Check Library for current schedule & topics.

Make connections with other parents, ask questions, get parenting ideas & tips! Coffee/Tea provided.

Other Family Events & Resources



Marquette County Parent Information Exchange (PIE)

https://www.facebook.com/mar <u>quettecountypie</u> Providing information and connecting Marquette County Parents. When parents connect, families and communities benefit! Also features a 'Family Facebook Directory'.

Just In Time Parenting Newsletters:

https://jitp.info/

A free parenting newsletter that is delivered by email and specific to a child's age and needs.





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For more information: https://marquette.extension.wisc.edu/familyliving/ or use QR Code









