



### Co-Parenting Classes

#### Parents Forever:

An educational program for parents that are separating, divorcing, or changing custody of their children.

In Person Option: April 17, 8:30am-12:30pm

Virtual Option: May 6 & 8, 5:30-7:30 (must attend both sessions)

Register: <https://go.wisc.edu/2fohbr>

#### Resilient Co-Parenting:

A series of topic specific classes for parents or caregivers raising children together while living apart.

Dates & Topics:

April 3- *Help Children with Strong Emotions*

May 1- *Parenting from a Distance*

June 5- *Healthy Coping During Times Of Transition*

August 7- *Successful Stepfamilies*

7:00-8:00 pm via zoom

Register: [go.wisc.edu/21t6cz](https://go.wisc.edu/21t6cz)

**NEW PROGRAM!**

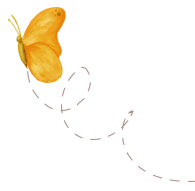
### Triple P: Positive Parenting Program: *Fear-Less*

Does your child, age 6-14, have moderate to high levels of anxiety that causes significant distress or impact on their everyday functioning? This program aims to help parents develop a toolbox of strategies and choose the most effective way to respond to their child's anxiety.

Monday's April 14-May 22, 12:00-1:00pm

- Session 1: Understanding anxiety
- Session 2: Promoting emotional resilience
- Session 3: Setting a good example and encouraging realistic thinking
- Session 4: Understanding avoidance
- Session 5: Responding to children's anxiety
- Session 6: Constructive problem solving and maintaining progress

Register: <https://go.wisc.edu/1x7x07>



### Parent Cafés

At a parent café you will be able to connect with other local parents, learn strategies to strengthen relationships with your children and receive concrete support for your family. (Free Childcare & Dinner)

Montello Schools

April 7 & 21

Time: Dinner: 5:30-6:00 pm, Café: 6:00- 7:30 pm

Register: [www.surveymonkey.com/r/RL2J3K9](http://www.surveymonkey.com/r/RL2J3K9)  
or (800)-628-8534

### Triple P: Positive Parenting Program Online Classes

**For Parents of Children 0-12**

Tuesdays, April 8-29

<https://go.wisc.edu/658727>

**For Parents of Teenagers**

Thursdays, April 24- May8

<https://go.wisc.edu/834495>





## Parenting Classes, Events & Resources

### Raising Wisconsin's Children Online Parenting Classes

#### April 17: How Kids Develop Self-Control

Toddlerhood can be a difficult time to navigate. Learn how self-control develops in children so you can better understand where your children are developmentally and how to best support them.

#### May 15: Parents' Guide to the Teenage Brain

Understand how the teenage brain impacts behavior and relationships. Ideal for parents of 13 to 18-year-olds but all are welcome.

#### June 19, 2025: Playful Parenting

Play helps us learn and build relationships. Learn why play matters for kids. Ideal for parents of babies through 8-year-olds but all parents are welcome.

Register for classes: [go.wisc.edu/parenting-classes](https://go.wisc.edu/parenting-classes)



### Focus on Fathers

A series of online classes designed for dads. Develop parenting skills for happy, healthy families. Connect with other fathers!

6:00- 7:00 pm on Zoom- Attend one or all!  
April 8, May 13, June 10, July 8, August 12

Register:

<https://forms.gle/nBxN4eYFC6Cd2qgR6>

### Parent Connection Hour



Held at the Montello Library. Check Libraries for current schedule & topics.

Make connections with other parents, ask questions, get parenting ideas & tips! Coffee/Tea provided.

### Other Family Events & Resources

#### Family Adventure Day

April 12, 2025, 10:00am-1:00pm  
Montello High School  
222 Forest Lane, Montello, WI 53949



#### Just In Time Parenting Newsletters:

<https://jitp.info/>

A free parenting newsletter that is delivered by email and specific to a child's age and needs.



#### Touch a Truck

August 16, 2025, 10:00am-1:00pm  
Marquette County Fairgrounds  
Westfield, WI



#### Marquette County Parent Information Exchange (PIE)

<https://www.facebook.com/marquettecountypie>  
Providing information and connecting Marquette County Parents. When parents connect, families and communities benefit! Also features a 'Family Facebook Directory'.



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#### For more information:

<https://marquette.extension.wisc.edu/family-living/> or use QR Code

