

# Winter/Spring 2024 Parenting Classes, Events & Resources

#### **Parents Forever**

A co-parenting class. Topics include the role self-care plays in supporting family transition, building parent-child relationships, and co-parenting skills.

**Virtual Options:** (Two - 2 hr. sessions)

Dates: January 23 & 25 or

March 19 & 21

*Time:* 5:30 – 7:30 pm

**In Person Options:** (One - 4 hr. session)

Dates: February 15 or April 18

Where: 480 Underwood Ave. Montello

Time: 8:30 am - 12:30 pm

Fee: \$20 for class materials, fee may be waived or reduced for financial hardship.

Register: https://forms.gle/aHxxmpqLXbathcF56 or call 608-297-3141

### **Resilient Co-Parenting**

A series of topic-specific classes for parents or caregivers raising children together while living apart.

Dates & Topics:

January 4 – Families Fighting Fair February 1 – Successful Stepfamilies

March 7- Help Children with Strong Emotions

April 4 – Co-parenting Teens

May 2 – Parenting from a Distance

*Time:* 7:00-8:00 pm via zoom *Register:* go.wisc.edu/21t6cz

#### **Parent Cafés**

At a parent café you will be able to connect with other local parents, learn strategies to strengthen relationships with your children and receive concrete support for your family.

**Virtual Options:** 

Dates: Dec. 7, Jan. 11, Feb 8

*Time:* 6:30- 7:30 pm

In Person Options: (Free Childcare & Dinner)

Dates: March 25- Montello Schools April 22- Endeavor Elementary May 13- Westfield Elementary

Time: Dinner: 5:30-6:00 pm, Café: 6:00-7:30 pm

Register <a href="https://www.surveymonkey.com/r/5FKGCNH">https://www.surveymonkey.com/r/5FKGCNH</a> or (800)-628-8534

#### **Focus on Fathers**

A series of online classes designed for dads. Develop parenting skills for happy, healthy families. Connect with other fathers!

Dates: Jan. 9, Feb. 13, March 12, April 9 (Join for one, several or all!)

*Time:* 8:00-9:00 pm

Register: https://forms.gle/nBxN4eYFC6Cd2gqR6

### 3<sup>rd</sup> Annual Raising Wisconsin's Children Conference

A virtual, day-long event for dads, moms, grandparents, teachers, and other people caring for kids.

Time: 9:00am -4:15pm

Register:: https://parenting.extension.wisc.edu/raising-wisconsins-children-2024-conference/



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### Raising Wisconsin's Children Parenting Classes

Free classes to support dads, moms, grandparents, and other caregivers in the journey raising kids. Classes are based on child development and parenting research.

Dates & Topics: February 15 - Speaking Your Child's Love Language

March 21 - Playful Parenting

April 18 - Teens, Screens, & Social Media

May 16 - Learning Life Skills Through Household Chores

Time: 1:00 pm Where: Online

Register: https://forms.gle/VKEw33SUQGrt2RR98

### Parenting Workshops- In Person

Come connect with other parents and learn ways to support your children's development & learning.

Dates & Topics: March 28 - Speaking Your Child's Love Language

April 25 - Helping Children Cope with Strong Emotions

Time: 6:00-7:30

Where: Montello Schools

Register: https://forms.gle/qPopZz4PetcSgjSbA

### **Triple P: Positive Parenting Program- Online**

Provide parents of children ages 0-16 years with a toolbox of strategies to raise confident and healthy children, build strong family relationships and manage misbehavior.

#### For Parents of 0–12-year-olds

Dates: Tuesdays, Jan. 16- Feb. 6

Time: 9 am or 6 pm

Register: https://go.wisc.edu/qytja0

Dates: Tuesdays, April 30- May 21

Time: 10 am or 6 pm

Register: <a href="https://forms.gle/8S8bZMCzweU9R4Ec9">https://forms.gle/8S8bZMCzweU9R4Ec9</a>

## For Parents of 12-16-year-olds

Dates: Mondays March 25- April 22

Time: 10 am or 6 pm

Register: https://forms.gle/vebE8BnnqdXfDKsb6

# **Other Family Events and Resources**



#### **Marguette County Parent Information Exchange (PIE)**

Providing information and connecting Marquette County Parents. When parents connect, families and communities' benefit! Also featuring a 'Family Facebook Directory'.



#### **Just In Time Parenting Newsletters**

A free parenting newsletter that is delivered by email and specific to a child's age and needs.



Family Adventure Day- Save the Date- April 13th, 2024



Hannah Zellmer Human Development & Relationships Educator 608 297 3139 hannah.zellmer@wisc.edu An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.