



Helping Hands For Families - Spring

Sponge Easter Eggs

Supplies:

- Sponges
- Paint
- Paper
- Paintbrush
- Scissors

Instructions:

- Gather all supplies,
- Cut sponges into ovals/egg shapes.
- Let the kids paint the sponges anyway they would like and place on paper.
- They can continue to decorate the eggs on the paper.
- Enjoy their masterpiece!



Marquette County Family
Connections Coalition

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Marquette County Health
Department
608-297-3135

Marquette Early Learning
Center & Head Start
608-296-2141 x 2217

Marquette County
UW-Extension
608-297-3141

Family Health WIC
1-920-787-5514

Marquette County
Human Services
608-297-3124

Childcaring, Inc.
1-800-628-8534

Marquette County
Economic Support
608-297-3124

Work Smart Employment
& Training Services
608-355-4808

Westfield School District
Family/School Liaison
& Guidance Program
608-296-2141

Montello School District
608-297-7617

Banana Oat Bars

Ingredients:

- Olive Oil or Butter
- 2 large, very ripe bananas
- 1 tsp vanilla extract
- 2 cups old-fashioned rolled oats
- 1/4 cup pitted, chopped, dried dates
- 1/2 tsp salt (optional)
- 1/4 cup chopped nuts of your choice
- nutmeg or cinnamon (optional)



Instructions:

1. Preheat oven to 350 degrees, and lightly coat pan with olive oil or butter.
2. Peel the bananas and place them in a bowl. Mash them thoroughly until no large chunks are left.
3. Stir in vanilla, add oats, and stir again.
4. After the oats are incorporated, add the dates, salt, and nuts, and mix again.
5. Transfer the mixture to the baking dish and pat it down so it is evenly spread.
6. Sprinkle the bars with cinnamon or nutmeg, and place in the oven for 30 minutes or until they are crisp on the edges.
7. Remove from oven, and let cool for 10 minutes.
8. Cut into 9 bars, and enjoy!

**Marquette County
Family Connections
Coalition links families
to community agencies
for information,
education and support**

April 15th, 2023



**FACE PAINTING,
MAGICIAN, &
FARM ANIMALS**



The Family Health La Clinica WIC Program will continue to offer phone appointments through the summer and beyond. WIC offers healthy foods, nutrition education, breastfeeding support, referrals to other community services, and more! WIC is for pregnant and postpartum women, infants, and children up to age 5 (dads, grandparents, and other legal guardians are able to get WIC for their eligible children/foster children!)

Give us a call to schedule an appointment!
920-787-5514

TOUCH A TRUCK
August 19th, 2023
10:00am- 1:00pm
Marquette County Fair Grounds



Marquette County Parent Café

Parent cafés are a fulfilling way for parents to talk, listen, and support each other with stressors, worries and challenges that many have struggled with alone. Parent Cafés help build strong families using The Five Protective Factors.

Monday, March 6th

Forest Lane Community School
222 Forest Lane, Montello

Theme: Welcome to the Jungle of Parenting

Monday, April 17th

Endeavor Elementary School
414 S Church St, Endeavor

Theme: Spring Cleaning-Unload the Garbage and Recycle

Monday, May 22nd

Westfield Elementary School
329 Hawk Lane, Westfield

Theme: Lets Taco 'bout Parenting Today

Free dinner 5:30-6:00pm
Café 6:00-7:30pm

Limited child care available

We will confirm availability of child care based on the requests we receive.

Registration is required so we can plan appropriately for dinner and child care.

Register by scanning the QR code:



For questions or to register by phone, please call Childcaring at 800-628-8534

Thanks to a Primary Prevention Grant through the Child Abuse and Neglect Prevention Board, we will be offering concrete supports each time you attend a cafe.



Extension
UNIVERSITY OF WISCONSIN-MADISON
MARQUETTE COUNTY

An EEO/AA employer. Extension University of Wisconsin-Madison provides equal opportunities in employment and

Play and Learn

Westfield, WI

Every Tuesday Starting Jan 10th

Ethel Everhard Public Library

117 E 3rd Street Westfield, WI

9:45 am

**PLAY
TIME**

**SNACK
TIME**

Montello, WI

2nd and 4th Thursday of every month

Montello Public Library

128 Lake Street, Montello, WI

10:30 am

**LEARNING
TIME**



Kids deserve the best.

Free Virtual Parenting Class

-9 Sessions designed for ages birth-ten years old

**To register call 715.896.8437 or email
centralwigroups@childrenswi.org**

