



# HELPING HANDS FOR FAMILIES – SPRING



## MATERIALS:

- TOY DINOSAURS
- STONES
- SHAKER
- SHELLS
- OTHER VARIETY TOYS
- BOWL OF HOT WATER
- CONTAINER
- SALT AND SALT
- TURKEY BASTER
- TWEEZERS

## INSTRUCTIONS:

1. PLACE A LAYER OF WATER IN THE CONTAINER, PLACE TOYS THROUGHOUT THE WATER, FREEZE, AND REPEAT UNTIL DESIRED THICKNESS OF ICE IS MET.
2. SPRINKLE THE SALT AND HOT WATER OVER THE ICE SO THAT IT STARTS TO MELT.
3. DIG OUT TOYS WITH TOOLS SUCH AS TWEEZERS
4. PLAY WITH THE TOYS ONCE THEY ARE ALL OUT!

Marquette County Family Connections Coalition links families to community agencies for information, education and support.

## Marquette County Family Connections Coalition

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**Marquette County Health Department**  
608-297-3135

**Marquette Early Learning Center & Head Start**  
608-296-2141 x 2217

**Marquette County UW-Extension**  
608-297-3141

**Family Health WIC**  
1-920-787-5514

**Marquette County Human Services**  
608-297-3124

**Childcaring, Inc.**  
1-800-628-8534

**Marquette County Economic Support**  
608-297-3124

**Work Smart Employment & Training Services**  
608-355-4808

**Westfield School District Family/School Liaison & Guidance Program**  
608-296-2141

**Montello School District**  
608-297-7617



**TOUCH A TRUCK**  
**May 21st, 2022**  
**10:00am- 1:00pm**  
**Marquette County Fair Grounds**

## HOW CAN YOU HELP?

- Bring a vehicle!
- Set up a fun activity booth
- VOLUNTEER!!!
- Donate a bike or raffle basket
- Sponsor an activity!

**What is Touch a Truck?**  
Imagine a huge, "pop-up" interactive playground where children of all ages can climb on, over, and through vehicles of all kinds.

**You could win a bike!! Every child that attends gets entered to win!!**



## Sponsored by:

**Marquette County Parent Leadership Team**



Contact [mindy.trimble@yahoo.com](mailto:mindy.trimble@yahoo.com) or [hannah.zellmer@wisc.edu](mailto:hannah.zellmer@wisc.edu) for more information



**Marquette County Family Adventure Day Kits:**

Drive-Thru event  
May 14<sup>th</sup> from 10am-12pm in the Health and Human Services parking lot! 428 under-wood Ave, Montello

## Marquette County Parent Café

Parent Cafés help build strong families using The Five Protective Factors. At a parent café you will be able to connect with other local parents, learn strategies to strengthen relationships with your Children, and receive concrete support for your family.



Dinner offered each night between 5:30 and 6:00  
Limited amount of child care available for children ages 2 and up. We will confirm availability of child care based on the requests we receive.

In-Person, Forest Lane Community School  
222 Forest Lane, Montello  
Theme: Mindful March, Get your head in the game

**28**  
MARCH

**25**  
APRIL

In-Person, Westfield Elementary School  
329 Hawk Lane, Westfield  
Theme: Encourage kindness by showing it in your actions

In-Person, Forest Lane Community School  
222 Forest Lane, Montello  
Theme: When life gives you lemons...

**23**  
MAY



Registration for all café sessions may be completed using the QR code and will be limited due to safety guidelines. We will confirm registrations and child care via email or phone.  
For questions, or to register by phone please contact Childcaring at 800-628-8534.

Thanks to a Family Support Emergency Funds Grant through the Child Abuse and Neglect Prevention Board, we will again be offering a gift card each time you attend a café.

\*Due to the ongoing pandemic, we will follow current (as of the date of the café) school policy regarding masking and reserve the right to switch in-person sessions to virtual if needed.



## Small changes, big differences.

### Triple P: Positive Parenting Program Discussion Groups

For parents with children 0-12

**April 7th**

Developing Good  
Bedtime Routines

**May 12th**

Dealing with  
Disobedience

**5:30 - 7:30 pm at Montello Schools**  
**FREE CHILDCARE PROVIDED!!**  
Limited space, register today!

Questions? Contact:  
hannah.zellmer@wisc.edu  
608 297 3139



Scan to register!



## WELCOME TO SUMMER!

Summertime is on its way! The days are longer and weather is warmer and routines are more relaxed. Whatever your summer adventure plans are, you will find it beneficial to keep a consistent schedule with young children. Sure you can relax it some, but most experts recommend keeping a similar schedule during summer months and make sure to include outdoor time and plenty of FUN!

### Tips for summer schedules:

Create a visual schedule and try to stick to it.

Try to keep wake up and bedtimes somewhat consistent during the summer.

Make mealtimes fun and include menu items kids can help make.

Schedule fun activities to get your kits out of the house- there are plenty of FREE activities.

Include some chores in the routine and have children help.

Summer Schedule	
	Breakfast
	Brush teeth & get dressed
	Reading time
	Math facts
	Video & computer games
	Swimming
	Lunch
	Chores
	Play time
	Dinner
	Family time
	Television & Snack
	Bath time, brush teeth & bedtime

Summer is the perfect time to explore the great outdoors!

Just add water! Find ways to cool off and have fun still learning.

**Paint with Water!** – Grab some real paint brushes and rollers and paint the driveway, sidewalk, or any surface you can find. Practice making shapes, letters, and numbers. Repeat over again as the sun dries up the water.

**Wash the toys!** – Go around the house and collect some toys, soap and sponges and get to washing. Ask your child to name each toy as they are washing. Keep them talking and encourage those narrative skills.

**Create a water station!** – Grab different size containers and watch the fun as your kids pour and transfer water. Add some scoops and funnels for even more fun. Talk about the different size containers and count how many small buckets it takes to fill a larger bucket.