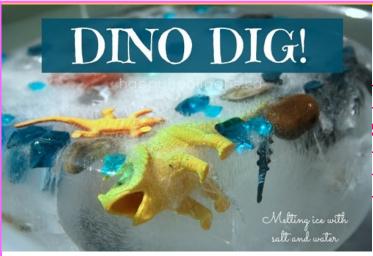


# HELPING HANDS FOR FAMILIES - SPRING



#### MATERIALS:

-TOY DINOSAURS

-CONTAINER

-STONES

-- SALT AND SALT

SHAKER -SHFLLS

-TURKEY BASETER

-OTHER VARIETY TOYS

-TWEEZERS

-BOWL OF HOT WATER

Marquette County Health Department 608-297-3135

Marquette County Family Connections

Coalition
Volume 17—Issue 1

Spring 2022

Marquette Early Learning Center & Head Start 608-296-2141 × 2217

> Marquette County UW-Extension 608-297-3141

Family Health WIC 1-920-787-5514

Marquette County Human Services 608-297-3124

Childcaring, Inc. 1-800-628-8534

Marquette County Economic Support 608-297-3124

Work Smart Employment & Training Services 608-355-4808

Westfield School District Family/School Liaison & Guidance Program 608-296-2141

Montello School District 608-297-7617



Marquette County
Family Adventure Day
Kits:

Drive-Thru event May 14<sup>th</sup> from 10am-12pm in the Health and Human Services parking lot! 428 underwood Ave, Montello

#### INSTRUCTIONS:

- PLACE A LAYER OF WATER IN THE CONTAINER, PLACE TOYS THROUGHOUT THE WATER, FREEZE, AND REPEAT UNTIL DECSIRED THICKNESS OF ICE IS MET.
- SPRINKLE THE SALT AND HOT WATER OVER THE ICE SO THAT IT STARTS TO MELT.
- DIG OUT TOYS WITH TOOLS SUCH AS TWEEZERS
- 4. PLAY WITH THE TOYS ONCE THEY ARE ALL OUT!

Marquette County Family Connections Coalition links families to community agencies for information, education and support.



#### **HOW CAN YOU HELP?**

- Bring a vehicle!
- Set up a fun activity booth
- VOLUNTEER!!!
- Donate a bike or raffle basket
- Sponsor an activity!

# TOUCH A TRUCK May 21st, 2022

10:00am-1:00pm

**Marquette County Fair Grounds** 

What is Touch a Truck?
Imagine a huge, "popup" interactive
playground where
children of all ages can
climb on, over, and
through vehicles of all
kinds.

You could win a bike!! Every child that attends gets entered to win!!

## Sponsored by:



Marquette County
Parent Leadership Team

Childcaring
Central WI Early Education Resources

Contact mindy.trimble@yahoo.com or hannah.zellmer@wisc.edu for more information

#### Marquette County Parent Café

Parent Cafés help build strong families using The Five Protective Factors. At a parent café you will be able to connect with other local parents, learn strategies to strengthen relationships with your Children, and receive concrete support for your family.

> Dinner offered each night between 5:30 and 6:00 Limited amount of child care available for children ages 2 and up. We will confirm availability of child care based on the requests we receive.

In-Person, Forest Lane Community School 222 Forest Lane. Montello Theme: Mindful March, Get your head in the game





#### In-Person, Westfield Elementary School

329 Hawk Lane, Westfield

Theme: Encourage kindness by showing it in your actions

In-Person, Forest Lane Community School 222 Forest Lane, Montello Theme: When life gives you lemons.





Registration for all café sessions may be completed using the QR code and will be limited due to safety guidelines. We will confirm registrations and child care via email or phone.

For questions, or to register by phone please contact Childcaring at 800-628-8534.

Thanks to a Family Support Emergency Funds Grant through the Child Abuse and Neglect Prevention Board, we will again be offering a gift card each time you attend a café.

\*Due to the ongoing pandemic, we will follow current (as of the date of the café) school policy regarding masking and reserve the right to switch in-person sessions to virtual if needed.









## Small changes. big differences.

### **Triple P: Postive Parenting Program Discussion Groups**

For parents with children 0-12

April 7th

May 12th

**Developing Good Bedtime Routines** 

Dealing with Disobedience

5:30 - 7:30 pm at Montello Schools FREE CHILDCARE PROVIDED!!

Limited space, register today!



**Ouestions?** Contact: Extension

UNIVERSITY OF WISCONSIN-MADISON

hannah.zellmer@wisc.edu 608 297 3139



#### WELCOME TO SUMMER!

Summertime is on its way! The days are longer and weather is warmer and routines are more relaxed. Whatever your summer adventure plans are, you will find it beneficial to keep a consistent schedule with young children. Sure you can relax it some, but most experts recommend keeping a similar schedule during summer months and make sure to include outdoor time and plenty of FUN!

#### Tips for summer schedules:

Create a visual schedule and try to stick to it.

Try to keep wake up and bedtimes somewhat consistent during the summer.

Make mealtimes fun and include menu items kids can help make.

Schedule fun activities to get your kits out of the housethere are plenty of FREE activities.

Include some chores in the routine and have children



Summer is the perfect time to explore the great out-

Just add water! Fund ways to cool off and have fun still learning.

Paint with Water! – Grab some real paint brushes and rollers and paint the driveway, sidewalk, or any surface you can find. Practice making shapes, letters, and numbers. Repeat over again as the sun dries up the water.

Wash the toys! – Go around the house and collect some toys, soap and sponges and get to washing. Ask your child to name each toy as they are washing. Keep them talking and encourage those narrative skills.

Create a water station! - Grab different size containers and watch the fun as your kids pour and transfer water. Add some scoops and funnels for even more fun. Talk about the different size containers and count how many small buckets it takes to fill a larger bucket.