



HELPING HANDS FOR FAMILIES – FALL



Halloween Safety

*WALK SAFELY:

- LOOK BOTH WAYS BEFORE CROSSING THE STREET.
- ONLY CROSS AT CROSSWALKS, CORNERS, AND USING TRAFFIC LIGHT SIGNALS.
- ALWAYS WALK ON THE SIDEWALK.
- PUT DOWN DEVICES AND KEEP YOUR HEAD UP.

*TRICK OR TREAT WITH AN ADULT IF YOU ARE 12 YEARS OF AGE OR UNDER

*KEEP COSTUMES CREATIVE AND SAFE:

- USE REFLECTIVE TAPE AND LIGHT COLORS WHEN POSSIBLE.
- HAVE KIDS CARRY GLOW STICKS OR FLASHLIGHTS.
- CHOOSE THE RIGHT SIZE COSTUME TO AVOID TRIPS AND FALLS.

*DRIVE SAFELY ON HALLOWEEN:

- SLOW DOWN AND BE ALERT IN RESIDENTIAL NEIGHBORHOODS.
- TAKE EXTRA TIME TO LOOK FOR KIDS AT INTERSECTIONS.

*SOURCE: SAFEKIDS.ORG

- ELIMINATE DISTRACTIONS INSIDE YOUR CAR.

*FOLLOW GOOD PUBLIC HEALTH PRACTICES:

STAY HOME IF YOU ARE SICK! DO NOT HAVE HAND OUT TREATS OR GO TRICK OR TREATING IF YOU HAVE ANY SYMPTOMS OF COVID-19.

*SOURCE: SAFEKIDS.ORG

Marquette County Family Connections Coalition links families to community agencies for information, education and support.

Marquette County Family Connections Coalition

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Marquette County Health Department
608-297-3135

Marquette Early Learning Center & Head Start
608-296-2141 x 2217

Marquette County UW-Extension
608-297-3141

Family Health WIC
1-920-787-5514

Marquette County Human Services
608-297-3124

Childcar, Inc.
1-800-628-8534

Marquette County Economic Support
608-297-3124

Work Smart Employment & Training Services
608-355-4808

Westfield School District Family/School Liaison & Guidance Program
608-296-2141

Montello School District
608-297-7617

Butternut Squash Mac & Cheese



Ingredients

- 2 cups macaroni pasta (or another small pasta shape)
- 1 tablespoon butter
- 1 tablespoon flour
- ¾ cup milk
- ½ cup butternut squash puree
- ¾ cup cheese
- 2 tablespoon plain greek yogurt
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 1/8 teaspoon paprika
- For the topping:
 - 1/2 cup breadcrumbs
 - 1 teaspoon butter

Instructions

1. **Make the squash puree:**
 - Cut a butternut squash in half lengthwise. Scoop out seeds and discard.
 - Place face down on an oven safe dish. Roast in the oven for 50 minutes at 400°. Allow to cool.
 - Scoop the "meat" from the skin and place in a food processor or blender. Pulse until smooth.
2. **Cook pasta** according to the direction on the box
3. **Make the topping:**
 - Melt the butter in a small skillet
 - Add breadcrumbs and cook over medium heat until lightly browned. Set aside.
4. **Make the sauce:**
 - Melt butter over medium low heat and add the flour.
 - Stir and cook for the paste for 2 minutes.
 - Slowly add milk and stir until combined.
 - Add squash, cheese, yogurt and seasonings and stir until combined.
5. Add sauce to the pasta and stir.
6. Sprinkle with the toasted topping and serve.



MARQUETTE COUNTY
FAMILY
ADVENTURE DAY!

CANCELLED IN 2021—
WILL RETURN IN 2022

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Extension
UNIVERSITY OF WISCONSIN-MADISON



CHRISTMAS SEASON IS JUST AROUND THE CORNER. COUNTY CHURCHES, BANKS, BUSINESSES, ORGANIZATIONS, CLUBS AND INDIVIDUALS WANT TO HELP MAKE THE HOLIDAYS BRIGHTER FOR MARQUETTE COUNTY CHILDREN. THIS YEAR IS THE 22ND ANNUAL GIVING TREE OF MARQUETTE COUNTY.

IF YOU WANT YOUR CHILDREN (NEWBORN-18 YEARS) TO PARTICIPATE IN THIS WONDERFUL PROJECT, PLEASE PICK UP YOUR REGISTRATION FORM STARTING SEPT. 24 AT ANY MARQUETTE COUNTY LIBRARY, THE CARE & SHARE FOOD BANK, MARQUETTE COUNTY DEPARTMENT OF HUMAN SERVICES AND MARQUETTE COUNTY ELEMENTARY SCHOOLS. IF YOU KNOW OF ANYONE THAT WOULD LIKE TO PARTICIPATE PLEASE PASS ON THIS INFORMATION.

THE APPLICATION DEADLINE IS OCT. 25, 2021.

THERE WILL BE "GIVING TREES" LOCATED THROUGHOUT THE COUNTY IN CHURCHES, BANKS, BUSINESSES, ETC. TO HELP: STOP BY A "GIVING TREE" LOCATION THE WEEK OF NOV. 8, SELECT A TAG AND PURCHASE A GIFT AS DESCRIBED. RETURN THE GIFT TO THAT LOCATION BY DEC. 1 WITH THE TAG ATTACHED AND THE GIVING TREE TEAM WILL ENSURE IT REACHES THE CHILD IN TIME FOR CHRISTMAS. YOU MAY ALSO MAKE A CASH DONATION AND WE'LL DO THE SHOPPING FOR YOU.

CONTACT THE VOLUNTEER COORDINATOR WITH ANY QUESTIONS. NIKI RUSSOS, 608-332-7900 OR EMAIL: MARQCORGIVINGTREE@GMAIL.COM

ARE YOU OR SOMEONE YOU KNOW INTERESTED IN PROVIDING CHILD CARE?

DO YOU ENJOY HELPING YOUNG CHILDREN? IF YOU ANSWERED "YES" YOU MAY WANT TO CONSIDER A CAREER IN CHILD CARE. JOIN THE FREE VIRTUAL START-UP INFORMATION SESSION OCTOBER 20 (6:00-8:00PM) TO LEARN MORE.

START-UP GRANTS ARE AVAILABLE! CONTACT CHILDCARING TO LEARN MORE ABOUT START-UP GRANT ELIGIBILITY. IF YOU BECAME REGULATED WITHIN THE PAST THREE MONTHS YOU MAY STILL BE ELIGIBLE TO APPLY. FOR MORE INFO & TO REGISTER FOR THE INFORMATION SESSION: [HTTPS://CHILDCARING.ORG/BECOMINGREGULATED/](https://childcaring.org/becomingregulated/) PLEASE REGISTER BY: WEDNESDAY, OCTOBER 13.

CHILDCARING IS OFFERING VIRTUAL ABU-SIVE HEAD TRAUMA (AHT) PREVENTION TRAINING FOR CHILD CARE PROVIDERS OCTOBER 21 (10:30AM - 12:30PM). THE TRAINING IS FREE TO OCTOBER 20 INFORMATION SESSION PARTICIPANTS OR \$15. CALL CHILDCARING TO REGISTER, 715-841-9490.



★ Looking for child care?
Join Our Email List Serves Sign Up Today!

Kelly Borchardt

Executive Director, Childcaring, Inc.

715.841.9490 | 1.800.628.8534 | www.childcaring.org |
850 Hwy 153, Ste F Mosinee, WI 54455



IN-PERSON AND VIRTUAL PARENT CAFÉS OFFERED THIS FALL

PARENT CAFÉS SUPPORT PARENTS IN BUILDING FRIENDSHIPS AND A STRONG NETWORK OF FAMILIES WHO HELP EACH OTHER STAY STRONG!

IN-PERSON: MONDAY, OCTOBER 11, 6:00-7:30PM AT WESTFIELD COMMUNITY CENTER (129 E. THIRD ST, WESTFIELD) OR

ONLINE: MONDAY, OCTOBER 4 OR MONDAY, OCTOBER 18, 6:00-7:00PM (JOIN US VIRTUALLY FROM YOUR COMPUTER, TABLET OR SMARTPHONE).

REGISTER TODAY: [HTTPS://WWW.SURVEYMONKEY.COM/R/FALL21CAFE](https://www.surveymonkey.com/r/FALL21CAFE) OR CALL 1

