



Parent Café

***In-Person: 6-7:30pm**

Forest Lane Community School
222 Forest Lane, Montello
Monday, September 13
Monday, September 27

Westfield Community Center
129 E. Third St, Westfield
Monday, October 11

Online: 6-7:00pm

Join us virtually from your
computer, tablet or smartphone

Monday, September 20
Monday, October 4
Monday, October 18

Face masks will be strongly encouraged during in-person cafes.

*Due to the ongoing pandemic conditions, we reserve the right to
switch all sessions to virtual cafes.

The café themes are based on the five “protective factors” from
Strengthening Families™ of Illinois and provide a framework for
parents to relate them to your own lives. The Five Protective Factors
include:

- ⇒ Be strong and flexible
- ⇒ Parents need friends
- ⇒ Being a great parent is part natural and part learned
- ⇒ We all need help sometimes
- ⇒ Parents need to help their children communicate

For questions, contact Childcaring at
1-800-628-8534 or info@childcaring.org

Parent Cafés:

- ⇒ Are unique - every parent's voice is heard.
- ⇒ Are a fulfilling way for parents to talk, to listen, and to support others with stressors, worries and challenges that many have struggled with alone.
- ⇒ Support parents in building friendships and a strong network of families who help each other stay strong!

Two ways to join:

More opportunities to stay connected this fall, join our 6-week series of cafes! We will offer both in-person and virtual options. Please join us for the sessions that work best for you.

Registration:

Registration for in-person cafes will be limited due to safety guidelines. We will confirm your registration via email or phone. Links to join virtual cafes will be emailed the morning of each session.

Please register at:

<https://www.surveymonkey.com/r/fall21cafe>
or by calling 800-628-8534.



Parent Café presented by:



Marquette County
Parent Information
Exchange (PIE)



Extension
UNIVERSITY OF WISCONSIN-MADISON
MARQUETTE COUNTY