

4-H...For the Entire Family

As a new year in Marquette County, 4-H is getting started. It's important to realize that 4-H exists to serve the needs of your family. Welcome to the world of 4-H, the whole family joins. To be successful in 4-H, members need parent interest and support. Parents who give praise to their children when it is needed and earned are key ingredients to the success of any youth's 4-H experience. It is very important that parents show a sincere interest in their children's work and are close enough to help, but distant enough to allow their children to discover their own ways of accomplishing a task. The 4-H Parent's Pledge can help clarify your role as a parent in the 4-H Program.

I pledge my head to give my children the information I can, to help them see things clearly and to make wise decisions. I pledge my heart to encourage and support my children no matter whether they have successes or disappointments.
I pledge my hands to help my children's club; if I cannot be a leader, I can help in any equally important ways. I pledge my health to keep my children strong and will; for a better world through 4-H, for our club, our community, our country, and our world.

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Marquette County 4-H Family Newsletter

October-November, 2018

IMPORTANT DATES

October

- 6 Cloverbud Morning, 9-11am, Services Center, Rm. 112A, Montello
- 7-13 National 4-H Week
- 14 Monroe Co. Horse Tack & Craft Sale, 10am-4pm, Wilton, WI
- 17 Youth Meat Animal Committee, 7pm, Westfield Area High School
- 18 Fair Board Annual meeting, 6:30pm; Regular meeting 7:00pm
Services Center, Montello
- 21 Achievement Program, 2:00pm, Services Center, Montello

November

- 1 4-H Re-enrollments Due
- 1 Club Charter documents Due
- 7 4-H Leaders Board meeting, 6:30pm, Services Center, Montello
- 12 UW-Extension Office closed for Veterans' Day
- 22-23 UW-Extension Office closed for Thanksgiving

Remember to re-enroll by November 1st!

All members & leaders must re-enroll using 4-HOnline by Nov. 1st to be eligible to show at the 2019 Marquette County Fair. To re-enroll go to:
<http://wi.4honline.com>.

Cloverbud Morning October 6th

All Marquette County youth, grades K-2, are invited to attend Cloverbud Mornings, filled with hands-on activities and exciting projects. The theme for the October 6th morning is: Bubbles, Webs, and 4-H.. This event will be from 9-11am at the Services Center, Rm. 112A, Montello.

To register call, 608-297-3141 or christa.vantreeck@ces.uwex.edu.

The next Cloverbud Morning will be December 1st at the Services Center, Rm. 112A, Montello.

Volunteer Annual Meeting

The Volunteer Annual Meeting will be held on Wednesday, November 7th at the Services Center in Montello, 6:30pm. It was previously held at the Achievement program.

If anyone is interested in serving on the Leaders Board, please join us at the annual meeting.

Help make Marquette County 4-H Amazing!

Marquette County 4-H Achievement Program Sunday, October 21, 2018 2:00pm Services Center, Montello Hosted by: Badger 4-H Club

All 4-H Volunteers and Cloverbuds will be recognized. All 4-H members who completed a record book will be recognized. Trip winners, camp participants, WI State Fair participants, scholarship winners and more!

This year the theme will be: Pajama Party/Fall Theme. Come and wear your Pjs.

We will be doing a couple different games.

Refreshments such as hot dogs, chips, root beer floats, Carmel apples & popcorn will be provided. Bring your appetite.

Please bring non-perishable items to donate to the food pantry. An extra chance to win the drawing will occur with the donation of a perishable item.

Trip winners are encouraged to discuss their trip with the group.



Youth Meat Animal Committee to Meet in October

The evaluation and planning committee meeting for the youth meat animal program is set for Wednesday, October 17th at 7 p.m. in the Westfield Area High School, enter the north side of the high school through the doors located just east of the sports lobby near the white overhead door. Please plan to attend if you have interest in the future of this program.

Discussion will center on evaluation of the 2018 program, including animal identification, educational opportunities, and the auction plus planning the 2019 program. Hope you can attend!

October is Breast Cancer Awareness Month



Start by thinking pink this month and educating yourself, your wife, grandmothers, mothers, daughters, aunts, nieces, cousins and friends. Breast Cancer is the most common cancer among women in the U.S. after skin cancer.

Share these prevention ideas with loved ones:

- ◆ The American Cancer Society recommends that women maintain a healthy weight since obesity and excess weight increase the risk of developing breast cancer. Losing even a small amount of weight has health benefits.
- ◆ Growing evidence suggests that women who get regular physical activity have a 10%-20% lower risk of breast cancer than those who get no exercise.
- ◆ Many studies have confirmed that drinking alcohol increases the risk of Breast cancer in women by 7%-12%. If you drink alcohol, the American Cancer Society recommends no more than 1 drink per day for women.
- ◆ A recent study by American Cancer Society researchers found that current smokers had a 12% higher risk of breast cancer than women who never smoked. Quitting has numerous health benefits. **1-800-QUIT-NOW.**
- ◆ Remember breast cancer is not just found in women. According to the American Cancer Society, there will be 2,550 cases of breast cancer diagnosed in men for 2018. Men can also lessen their risk, by maintaining an ideal body weight and restricting alcohol consumption.

Monroe County Horse Project Hosts Tack and Craft Sale

Monroe County 4-H Horse project is hosting a Tack & Craft sale in Wilton at the Wilton Community Center located at 400 East Street The event will run from 10am-4pm on Sunday, October 14th. There will be tack and Crafts for sale. Vendors are also invited to sell their wares.

Admission is free.

For more information, please call or email Jody 608-366-1965, jluckaroo@yahoo.com or Janielle 920-382-9101, free.spirit.acres@hotmail.com.

**Tractor Supply Company is Looking for Local 4-H Clubs to
Join them for the Fall Paper Clover Campaign**



The Fall Tractor Supply Company Paper Clover Campaign is right around the corner, starting October 3, 2018 and running through October 14, 2018. Add \$1 at checkout, and your money supports leadership activities for Wisconsin 4-Hers.

The Wisconsin 4-H Foundation is offering another way for clubs to participate: if your club partners with your local TSC to promote 4-H at the store, the Foundation will give your club \$50. TSC stores with 4-H clubs' participation have better sales, and, of course, better sales means more money that can be used to help fund leadership programs throughout the state.

There are many TSC stores in Wisconsin, so even if there is not a TSC in your county, you can still partner with the TSC that is closest for you. Remember, though, the \$50 is awarded to only one club per store.

If you are interested, please contact Joanne@Wis4HFoundation.org or (608) 262-1597. The Foundation can provide contact information for the store in your area, then your club and the store can work together to plan your event. Keep in mind that this opportunity is first-come, first-served (one club per store).

**4-H and Small Animal Barn Promotion at
Tractor Supply Company in Portage**

Marquette County 4-H will be setting up a table at Tractor Supply to display some of our non-animal projects. Also, it would be great if some people could bring some poultry and rabbits as we will be promoting and fundraising for the new Poultry/Rabbit barn.

Oct. 6 and Oct. 13 from 10 am to 2 pm.

If you could bring a non-animal project to display and sit for an hour or 2, that would be fantastic!

Please let Denise know if you are able to help out, send her a message or email with day and time that will work best for you.

Contact Denise Soule to let her know when you are available at:

deniseloule@yahoo.com or 608-963-1277. Feel free to call or text with any questions.

We would love to have all participation from all of the clubs. A great way to begin and end National 4-H Week!

**National 4-H Week
October 7-13, 2018**

Start planning now!

Salvation Army Bell Ringing

The Marquette County Salvation Army Unit will again be ringing bells this Christmas season to raise funds for emergency assistance to county residents. As in the past, we will schedule two hour shifts on Fridays and Saturdays from 8:00am through 8:00pm, unless a need is determined for additional days. Ringing starts Friday, November 16th and continues through Saturday, December 22nd. The weekdays before Christmas we will also ring any hours someone is willing to commit time to.

Locations include:

Montello - Freitag's Food, Holliday, and Mobil
Oxford - Oxford Travel Plaza, Oxford Fuel N' Food,
Westfield - Super Value and Marathon Food N' Fuel
Neshkoro - The Neshkoro Store
Endeavor - Gohl Post



Contact Kettle Coordinator: Hillary Giuffre, hillaryrings@gmail.com.

21st Annual "Adopt a Family for Thanksgiving"

\$25 per family includes turkey, stuffing, potatoes, yams, Jell-O, cranberry sauce, pumpkin pie, whipped topping, rolls and margarine.

- ◆ If you would like to sponsor a family, send your contribution to:

Care & Share Food Bank
Attn: Aging Unit of DHS
Thanksgiving Project
P.O. Box 821
Montello, WI 53949



- ◆ Distributions will be held on the 1st, 2nd and 3rd Thursdays in November from 1-4pm at the Care & Share Food Bank Bldg. located at N2975 State Hwy. 22 S., Montello (3 miles south of Montello on Hwy. 22).
- ◆ Final order will be placed 10/31/18
- ◆ If you have any questions or want to refer a family in need, call 608-369-1059.

Member Handbook

The Member Handbook can be found on the Marquette County UW-Extension website at: <https://marquette.uwex.edu/4-h-youth-development/4-h-forms/>

If you have any questions about the Member Handbook, please contact the UW-Extension Office at 608-297-3141.

October 13: Help Move Rabbit Cages at Fairgrounds

Come help us get ready for a new small animal barn and clean out the current rabbit barn. We need to move rabbit cages out of the barn so we can take it down.

WI Honey Producers Poster Contest

The Wisconsin Honey Producers Association are sponsoring a Poster Contest for youth statewide.

2018 THEME: Honey Bees: Jobs They Do!

Divisions:

- ◆ 2nd grade & under
- ◆ 3rd-5th grades
- ◆ 6th-8th grades
- ◆ 9th-12 grades

Prizes for Each Division: 1st-\$35; 2nd-\$25; 3rd-\$15

Rules:

1. Entries must be submitted on an 11x14 poster board.
2. Name, address, age, and grade must be clearly printed on the BACK SIDE of poster.
3. Include theme in design.
4. All posters become property of the WHPA.



Entries must be postmarked by October 26, 2018. Mail entries to: Shelly Astle, WHPA, S4131A St. Hwy. 80, Hillsboro, WI 54634.

For questions, contact Shelly Astle, 608-489-2456 or shelly@mwt.net.

Accident Insurance

Just a reminder that part of the member dues you pay to be in 4-H goes towards accident insurance during 4-H events and meetings. **Enrolled 4-H members and registered Leaders** are covered for accident insurance. The events that are covered are planned 4-H group events/meetings with adult supervision. Meetings/events need to be on the club, project, or county calendar or in club minutes. Two people is not a group (for instance - one project leader and one member) and therefore is not covered by the accident insurance. If you are in a club situation where you have only one member and leader in a project, please contact a club near you to work together or do the project work at a monthly club meeting when there are more people involved. Please keep this in mind for the safety of all our members and leaders. Also, remember that non 4-H members are not covered by 4-H accident insurance. Clubs need to take out special activity insurance for club events where there will be non 4-H members participating in order for non 4-H members to be covered by the 4-H insurance.

As a reminder, any meetings held on personal property are primarily covered by personal home owners insurance, and 4-H Leaders transporting youth in their personal vehicles are assuming primary coverage under their personal auto insurance. This is why it is a good idea to hold meetings at public locations, which also usually are accessible to all members. This is also why it is a good idea to have families transport their own family members.

If you have any questions about accident insurance, ask your general leader or call the UW-Extension Office, 608-297-3141.

WI 4-H Horse Leaders Conference

Who: A Statewide Leadership Workshop for 4-H Horse Project Leaders – Youth (7th grade & up) and Adults

What: 2018 WI 4-H Horse Leaders Conference

Where: UW River Falls

When: November 9-11, 2018



Purpose of the Workshop:

- To offer educational workshops which include both information and hands-on activity ideas for leaders to utilize when teaching youth.
- To provide a forum for strengthening communications relative to the 4-H Horse and Pony Project.
- To provide an opportunity for participants to network and share experiences.

PLEASE NOTE: Youth must be 7th grade and up in order to attend the conference.

For more information go to: <https://fyi.uwex.edu/wi4haganimalscience/wi-4-h-horse-leaders-conference/>.

4-H Volunteer Impact Study – You May Be Contacted

What you do makes a difference! We are excited to share that our state will be participating in 4-H Volunteer Impact Study of volunteers in the North Central Region.

This survey is being conducted as a part of 12 state effort to document the impact of volunteering.

It will focus on three areas:

- the personal benefits of your volunteer experience
- the impact you have on the organization by volunteering
- how your volunteer efforts contribute to your community in which you live and work.

A random sample of volunteers of 1000 volunteers from each state will be surveyed. This study will be conducted through an electronic survey. If you are selected, you will receive an e-mail to let you know you have been selected to participate.

You may be picked!!! If you are, please respond. We want to hear from you and learn from your volunteer experiences.

Your comments will be used to quantify the personal, organizational and public impacts of volunteers involved with 4-H Youth Development Programs in our twelve state region.

Your impact is great and we want to hear from you!!!