

HELP MAKE A DIFFERENCE IN YOUR COMMUNITY

Apply to be a ***Youth Advocate for Community Health (YACH)***

What is a YACH?

A young adult who will work with UW-Extension FoodWise, 4-H Youth Development and other community partners to identify and carry out an educational program for a targeted community audience *to inspire healthy choices*.

Who Should apply?

High School students currently in grades 9-12 and have an interest in health and wellness. A total of 4 youth will be selected for the YACH team.

Project Period?

This position will run from **February-August**. Team members will work a total of 56 hours, with an average of 2 hours per week. Specific hours will be determined when project action plans are developed by YACH team. In addition to the weekly hours, youth are strongly encouraged to participate in a training March 9th & 10th. Transportation to the training will be provided. Mileage will be reimbursed for other required travel at the state rate.

How Much Does This Pay?

Team members will be awarded \$500 each paid over three installments.

How Do You Apply?

Complete the online application (available at <https://goo.gl/forms/sOLUOWrrR8ZXgkz13>), or download a fillable pdf from <http://marquette.uwex.edu>. Mail printed forms to: Marquette County UW-Extension, Attn: Cara Cross – FoodWise Coordinator, P.O. Box 338, Montello, WI 53949; or scan and email to cara.cross@ces.uwex.edu.

Application deadline EXTENDED: February 10th, 2018.

Interviews will be conducted on Friday, Feb. 2nd. Applicants will be notified of interview times by phone. Those selected for positions will be contacted by February 5th.

QUESTIONS?

Call UW-Extension at (608) 297-3140 or email cara.cross@ces.uwex.edu



Youth Advocate for Community Health (YACH) Program & Position Description

The Youth Advocates for Community Health (YACH) program is an exciting paid opportunity for high school aged students to get hands-on experiences improving health at the local level. A small group of youth will work as a team to identify strategies and develop plans to address issues related to community nutrition and health.

The 2018 program focus will be determined by the youth selected for the program along with guidance and directions from members of the Marquette County HEAL (Healthy Eating Active Lifestyle) Team. The FoodWise and 4-H Programs will support this project through leadership and education.

Participating youth will have opportunities to network, collaborate, and learn from youth implementing these projects throughout the state and community leaders who engage in health and nutrition activities.

Position Title: Youth Advocate for Community Health

Purpose: To create an environment that promotes healthy eating and active living.

Time Commitment: February - August 2018; 56 hours (Approx. 2 hrs./week)

Responsibilities:

- Attend training and planning sessions and complete independent work assignments
- Be an engaged team member
- Model and encourage healthy eating and increased levels of physical activity
- Build relationships and collaborate with businesses and organizations

Qualifications:

- Marquette County Teens between the ages of 14-19 and currently enrolled in high school
- An interest in learning and ability to communicate about healthy eating, community wellness, improved food access, and active lifestyles
- Experience working as part of a team

Benefits:

- Enhanced leadership, communication, and public speaking skills
- Receive training on action assessments, advocacy, community health systems, and other skills that are necessary to making a difference in the community
- Opportunities to meet and share ideas with other teens and adult community leaders and network with YACH teens from around the state
- Earn \$500 for your work with the project

