

**Proven
positive
results!**

Operation PEACEFUL FAMILY

An enjoyable and educational program for families with youth ages 10-14.
Proven to keep your family heading forward together.

For PARENTS and YOUTH age 10-14

All kinds of families are invited—single-parent, two-parent, foster, adopted, blended, step, and grandparents raising grandchildren.



Who is this program for? Families with children age 10-14 in Marquette County, Wisconsin.

What is this program about? Families practice great ways to communicate, understand and enjoy each other, make positive decisions, and solve problems together. Parents and youth meet separately and together!

Why is this happening in Marquette County? Because UW-Extension and Healthy Communities Healthy Youth (HCHY) respect and value your family, and this program is award-winning, down-to-earth, and full of priceless experiences. The official program name is "Mindfulness-Enhanced Strengthening Families Program."

When is this? Program is seven (7) Monday evenings with free dinner and free child care. Starts Monday, February 5th, 5:15pm. Ends Monday, March 26th, 8:00 pm.

★ **Details on back** ★

**REGISTER BY
MONDAY,
JANUARY 29th**

Operation PEACEFUL FAMILY

Please register by January 29th!

- **Dates:** Seven (7) Monday evenings February 5th–March 26th (no class March 12th)
- **Free family dinners:** 5:15-5:45 pm
- **Times:** 5:45-8:00 pm each Monday evening for parents and youth age 10-14
- **Free child care up to age 9:** On site during program times
- **Location:** Westfield Elementary School, 329 Hawk Ln, Westfield
- **Fee or scholarship:** \$25 for each family covers all seven evenings, materials, meals and child care. If fee is not affordable, request partial or full scholarship. Pro-rated gas money also offered each week, if useful.
- **Instructors:** Sue Allen, Family Living Educator, Marquette Co. UW-Extension, 608-297-3139 susan.allen@ces.uwex.edu
Candace La Fave and Adrienne Carter Elmore.

“I would soooo recommend this to people!”

▪ Marquette County youth participant

If you . . .

- ♥ Sometimes worry about your youth’s behavior or choices and want to prevent problems
- ♥ Wonder how your youth handles peer pressure
- ♥ Would like your youth to grow more confident and have strong, positive life skills
- ♥ Would like to improve family atmosphere or reduce conflicts
- ♥ Would like us to serve your family meal once a week
- ♥ Would like to have fun with your family

. . . then this is for you!

REGISTRATION:

Class size is limited and is on a first-come, first serve basis. Please register early!

- **Complete the form below then . . .**
 - **Mail or drop off completed form & \$25 fee:**
Marquette County UW-Extension
480 Underwood Ave., Montello, WI 53949
 - **OR Email or call in** registration with your request for scholarship to Sue Allen
susan.allen@ces.uwex.edu 608-297-3139
- **OR register your family online at**
<https://goo.gl/forms/d56KKu3osJf5fCP23>
(you may need to hold down your Ctrl key, then click the online form)



REGISTRATION FORM—PRINT CLEARLY

Parent/Caregiver Name(s):

Address _____

City _____ Zip _____

Cellphone (_____) _____

Email _____

Names and ages of youth ages 10-14:

Name _____ Age _____

Name _____ Age _____

Names and ages of other children who will use childcare during sessions:

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

Any diet restrictions or food allergies?

